



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

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Hong Kong Physiotherapy Association Sports Specialty Group

Therapeutic Exercise and Manual Therapy for Sporting Injuries Part I: Lower Limbs

This course is designed for physiotherapist who is interested in sports physiotherapy with major focus in lower limb conditions. The course will be delivered in the form of theory, demonstration, case studies, and practical.

	Seminar	Workshop
Date:	5 Nov 2011 (Sat)	6 Nov 2011 (Sun)
Time:	1400 – 1800	1000 – 1830
Presenter:	Terrence Chau (Director of AASPF)	
Venue:	M/G, Lecture Theatre, Queen Elizabeth Hospital	Gymnasium, 2/F, Block P,
Capacity:	120	24 (<i>please note remarks</i>)
Course Fee:	SSG member 250 HKPA member 300 Non-HKPA member 650	650 700 1100
CPD:	2	5
Certificate:	Issued by HKPA	

Deadline of Application: 14 Oct 2011

Aims:

1. To reinforce clinical thinking in the prescription of therapeutic exercise and the treatment for sporting injuries in lower limbs.
2. To reinforce hands on skills in assessment and treatment methods for participants in the practical sessions.
3. To facilitate physiotherapists to work in on-field at sports events.

Course Objectives:

1. The seminar would highlight concepts for prescription of therapeutic exercises and manual therapy methods for management of sporting injuries encountered in lower limbs.
2. The workshop would demonstrate knowledge and practical skills to assess and manage common lower limb injuries, and specifically demonstrate knowledge of an effective examination and treatment of injuries to lower limbs on the sporting arena.
3. To be proficient at strapping techniques for the sporting injuries for lower limbs.
4. Participants of workshop would have individual assessments and feedbacks on practical skills.

The Presenter – Terence KH CHAU (周锦浩)

MSports Physio (Curtin), B.Sc. Physio (PolyU), Dip. Acupuncture, RPT (HK, Aust.)

Terence is a Sports Physiotherapist, currently serving as the Program Director and Principal Lecturer at the Asian Academy for Sports and Fitness Professionals (AASFP) and the Sports Physiotherapy Consultant at the Asian Fitness Therapy Center (AFTC).

Terence's prior appointments include Physiotherapy Manager at the Matilda International Hospital, visiting lecturer for the Physiotherapy Undergraduate program in Hong Kong Polytechnic University, committee member of Hong Kong Physiotherapists' Union (HKPU) and Education Officer for the Hong Kong Physiotherapy Association's Sports Specialty Group (HKPA). Over the years, besides delivering Sports Physiotherapy and on field services to athletes, Terence has been actively educating fitness professionals throughout the Asia region and dedicated to nurture future fitness professionals at Universities such as the Hong Kong University, HKU (SPACE) and City University of Hong Kong (SCOPE). He is also appointed as an Honorable Advisor at City University of Hong Kong (SCOPE) since 2006 and Committee member under the Physiotherapist Board since 2008.

Since 1999, Terence has been invited to present in various international fitness conferences such as Asian Fitness Education Expo - AFEEX (Hong Kong and Beijing), AsiaFit, Fitness China, IHRSA Asia-Pacific Forum (Sydney) and the Asia Fitness Convention (Thailand). As an avid sports enthusiast, he is a certified Rowing Coach, Resistance Training Instructor and Certified Pilates Instructor. Besides, Terence was invited by Metro Broadcast in Hong Kong and has been the guest host of the Health and Fitness radio programs since 2006 on Metro Finance FM104 and Metro Info FM997.

Remarks:

- Priority will be given to SSG members **then** HKPA members and those who apply for 2011 Oxfam Trailwalker volunteer physiotherapists.
- For the practical sessions, please bring **sportswear** for practical sections.
- Please apply this course with a **stamped self-addressed envelope** for application status notification. After confirmation of successful application, course fees cannot be refunded.
- Please prepare **two separate cheques** if you apply **both** Seminar and Workshop.
- Status of membership is based on the updated list from HKPA and is counted up to the date of deadline of application. Lots will be drawn if number of applicants exceeds the capacity. For application issues, please contact **Miss Ida Lam** via email (idalamf@gmail.com).
- Successful applicants would be contacted by email.

HONG KONG PHYSIOTHERAPY ASSOCIATION
SPORTS SPECIALTY GROUP
COURSE APPLICATION FORM

Course Name	Therapeutic Exercise and Manual Therapy for Sporting Injuries Part I: Lower Limbs (Seminar & Workshop)	
Name	(English)	(Chinese)
HKPA member	<input type="checkbox"/> Yes (membership no. _____) <input type="checkbox"/> No	SSG member : <input type="checkbox"/> Yes <input type="checkbox"/> No
Course application	<input type="checkbox"/> Seminar	<input type="checkbox"/> Workshop
Workplace		
Phone no.	(office)	(Mobile / Pager)
Address		
E-mail address		
Cheque no.		Issuing Bank
<i>Applied for Oxfam Trailwalker volunteers?</i>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Registration	<p>Please send this form with a crossed cheque and a stamped self-addressed envelope to the following address:</p> <p style="text-align: center;">To SSG c/o: Miss Ida Lam G/F, P Block, Physiotherapy Department, Queen Elizabeth Hospital, 30 Gascoigne Road, Kowloon</p> <p>Cheque should be made payable to 'Hong Kong Physiotherapy Association Limited'. Please write your name, HKPA membership number, course name and mobile number at the back of the Cheque. <i>(please use separate cheque for each course)</i></p>	
()	<i>I would like to receive updated news regarding SSG activities via my e-mail address</i>	
<u>Legal Claim Waiver Consent</u>		
<p>In consideration of HKPA Ltd. accepting my application to the “Therapeutic Exercise and Manual Therapy for Sporting Injuries Part I: Lower Limbs(Seminar & Workshop)” I hereby agree to waive all my claims (howsoever accrued) against HKPA Ltd.</p>		
Signature	: _____	
Name of Applicant	: _____	
Date	: _____	
<i>*Please sign the above consent before submitting your application</i>		